



## Communities in Transition



There is now a scientific and political consensus that climate change is upon us, and that we need to act now to avoid the worst. Fossil fuel supplies are also running out and fuel prices are soaring, the price of a barrel of oil was \$25 five years ago, \$65 12 months ago, and today is over \$125. Something has to give.

Communities all over the UK are thinking about these challenges and starting to develop a response, one of the first in Cumbria is the market town of Brampton. In late 2004, a community group was formed there to look at some of these issues. This group re-launched itself, 18 months ago, as

Sustainable Brampton, it now has over 100 supporters, who are looking to find ways of reducing environmental impact in the area and of making the community more resilient to the unpredictable changes that lie ahead.

In January, Sustainable Brampton was admitted to the Transition Network, a new organisation, which is providing support to similar community groups from all over the world. Sustainable Brampton was the 25th community in the UK to be recognised by the Network. Cumbria Action for Sustainability is seeking to help this with these issues.

To find out more or contact groups in your area E-mail [office@edenla21.org.uk](mailto:office@edenla21.org.uk) or phone **01768 210276**. Sustainable Brampton is also willing to share its experience with other emerging groups, to find out more contact the group secretary **Bob Allan** [r.n.allan@btinternet.com](mailto:r.n.allan@btinternet.com) or phone **016977 3111**.

## Planning ahead

Large scale emergencies such as severe weather, flooding and loss of power can cause major disruption to all our lives. Carlisle City Council is working hard to ensure that it is ready to deal with a large scale emergency and it is important that you are also prepared prior to the event. Some simple actions that will help you to cope include:

- Preparing a list of useful telephone numbers such as family, friends, neighbours and doctor;
- Have useful items available such as a torch, spare batteries and a first aid kit; and

- Have a portable radio that can tune into BBC Radio Cumbria.

Look out for more information that will be published in this and other magazines, meanwhile visit either [www.carlisle.gov.uk](http://www.carlisle.gov.uk) or [www.preparingforemergencies.gov.uk](http://www.preparingforemergencies.gov.uk)



## Carlisle Rural Changes to Post Office Services

### Outreach proposed in:

**Bewcastle** in Roadhead Public Hall on Tuesdays  
2.00pm - 4.00pm.

**Castle Carrock** on Mondays  
2.00pm - 5.00pm, location to be arranged.

**Hallbankgate** in the Co-operative Store on Mondays, Tuesdays, Wednesdays 8.00am -12.30pm and 1.30 -5.30pm; Thursdays, Fridays 8.00am - 5.30pm; Saturdays 8.00am - 1.00pm and on Sundays 9.00am - 12.00pm.

**Hayton** at Hayton Stores on Mondays 10.00am -1.00pm and on Thursdays 2.00pm - 5.00pm

**Irthington** on Tuesdays and Thursdays 9.00am - 1.00pm, location to be arranged.

### Branches for closure with no alternative service are:

Great Orton  
Penton

### Branches with no change (not including mobile service):

Bowness on Solway  
Brampton  
Burgh by Sands  
Cumwhinton  
Dalston  
Cotehill  
Houghton  
Longtown  
Rockcliffe  
Roweltown  
Scotby  
Walton  
Wetheral

For more information contact **Zoe Sutton**, Rural Support Officer on **01228 817312** or E-mail [zoes@carlisle.gov.uk](mailto:zoes@carlisle.gov.uk)

## Countryside Walks and Activities



East Cumbria Countryside Project (ECCP) has drawn together an exciting programme of free guided walks and activities for all to enjoy during 2008. During June and July these include:

**Saturday 14 June and Sunday 3 August** - Rock Detectives Club: To find out more about the Rock Detective's children's geology club contact ECCP.

**Wednesday 18 June** - Health Walk - Surprise Summer Trip: Details will be sent to those registered on the Health Walk programme.

**Sunday 22 June** - Wildflowers At Watchtree: A guided walk around the nature reserve focussing on the wildflower meadows.

**Wednesday 2 July** - Health Walk - Carlisle Cemetery: A gentle 1.5-mile walk around the award-winning cemetery grounds.

**Wednesday 16 July** - Health Walk – Brampton: A gentle 1.8-mile walk below Ridgewood and across farmland.

To book and for further information, please contact ECCP on **01228 561601** or E-mail us at [eccp@carlisle.gov.uk](mailto:eccp@carlisle.gov.uk).

## Carlisle City Council Holiday Programme

Rural communities in Carlisle and District can once again look forward to an exciting programme of activities during the Summer holidays, thanks to support from the Parish Councils, Carlisle City Council, Cumbria County Council and Carlisle Housing Association.

Carlisle City Council's face2face team will be providing five to 11 year olds with opportunities to play with their friends, and take part in lots of different active, creative, challenging and sometimes messy activities!

Activities provided will be free of charge starting at 10.30am and running until 3.00pm for four weeks between Monday 28 July and Friday 22 August. It is hoped that we will involve up to 21 village halls, participating venues will be confirmed nearer the time.

## National Playday



National Playday will be celebrated in Carlisle on Wednesday 6 August centred round this year's theme of 'Give us a Go!' Lots of Free fun activities will be on offer in Bitts Park and the City Centre, provided by a range of different organisations to encourage children, young people, their families and friends to 'have a go' at a range of different activities ranging from cycling, obstacle courses to making mud pies!

For further information telephone **01228 817358** or log onto [www.carlisle.gov.uk](http://www.carlisle.gov.uk)

## Tullie House Community Outreach



For those who live in the area and find it difficult to visit Tullie House Art Gallery and Museum, Community Outreach is an opportunity to experience the museum in their own surroundings through a range of projects and programmes linked to its collections and exhibitions. Tullie House works closely with community groups and often, projects are initiated by them approaching the museum directly. Some of the projects that communities have been involved in thus far include:

The WWII Rural Project, which involved rural schools and communities in intergenerational reminiscence sessions.

Family Activity Days, which have involved free themed activities at various community centres and village halls in the District.

The Talkin and Farlam Living History project, which recorded the stories of rural life in and around those two areas.

The Community Outreach programme relies on the help and support of its volunteers to deliver the outreach programme.

To find out more about volunteering or Rural Outreach sessions contact **Susan Child** Community Outreach Officer on **01228 618763**.

## Community Planning

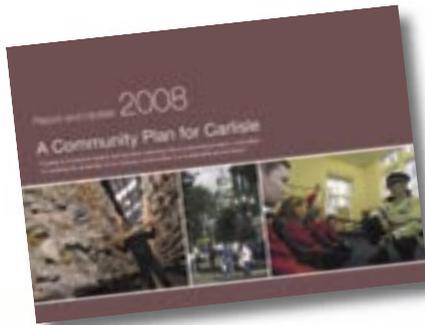
The Carlisle Partnership will publish the first annual report and refresh of 'A Community Plan for Carlisle' (the district sustainable community strategy) at its Annual General Meeting on Wednesday 25 June 2008.

We are delighted that the Community/Parish Planning process and the plans themselves receive greater recognition and that the whole "commitment to empower communities" is beginning to have some effect particularly in taking rural issues into account.

Numbers at the AGM are limited so if you want to discuss attending or representation please contact **Suzanne Parkes**

Carlisle Partnership Support Officer on **01228 817022** or E-mail: **carlislepartnership@carlisle.gov.uk**

Details of the activities of the Carlisle Partnership can be found at:  
**[http://www.carlisle.gov.uk/council\\_and\\_democracy/partnerships/carlisle\\_partnership.aspx](http://www.carlisle.gov.uk/council_and_democracy/partnerships/carlisle_partnership.aspx)**



## CALC launches Planning Guide for Local Councils

Cumbria Association of Local Councils (CALC) has launched 'A Guide to Planning for Town and Parish Councils and Parish Meetings'. The guide has been written in Plain English by CALC's Chief Officer Guy Richardson, himself a former planner. The guide aims to help anyone from a local council who is involved in the planning process.

As well as explaining the jargon of Regional Spatial Strategies, Local Development Frameworks and the like, the guide gives useful guidance on standard procedures for parish councils, especially on what to do with consultations with deadlines that fall between council meetings.

Two copies have been sent to every parish council in the county and there is a pdf version is available to download from the member's area of CALC's Website - **[www.calc.org.uk](http://www.calc.org.uk)**.

## Carlisle Rural Neighbourhood Forums proposed dates.

**Wetheral & Stanwix Rural**  
12 June 2008  
**Brampton & District**  
16 June 2008  
**Dalston & Cummersdale**  
23 June 2008  
**Longtown & Bewcastle**  
2 July 2008

For further information please contact **Judith Gardner** Neighbourhood Development Officer, on tel: **01228 606474**, E-mail **[judithgardner@cumbriacc.gov.uk](mailto:judithgardner@cumbriacc.gov.uk)** Or visit the web site **[www.cumbria.gov.uk/neighbourhoodforums](http://www.cumbria.gov.uk/neighbourhoodforums)**

## Diary Dates

**The Cumbria Calor Village of the Year Competition 2008.** The closing date is Monday 30 June 2008. For more information contact **Hellen Aitken** on **01768 869520** or **[hellenaitken@ruralcumbria.org.uk](mailto:hellenaitken@ruralcumbria.org.uk)**

**'Finding out about Energy'** Thursday 19 June 9.30am to 3.45pm, Grayrigg Village Hall, near Kendal. For further details contact **Debbie Binch** on **01539 773180**

**Hadrian's Wall Management Plan Consultation** started on Sunday 1 June 2008. For more information go to **[www.hadrians-wall.org](http://www.hadrians-wall.org)**

### Sustainable Communities Workshops.

Free workshop for elected members, officers, private and members of the voluntary sector, on Tuesday 17 June between 10.00am - 12.30pm at the Civic Centre, Carlisle. To find out more and book a

place contact **Holly Townsend** on **[hollyt@carlisle.gov.uk](mailto:hollyt@carlisle.gov.uk)** or **01228 817 454**.

### Community Planning Workshops

Free workshops covering 1) consulting with your community, 2) 'speed dating' with local organisations, 3) writing effective action plans and 4) implementing your action plan and successful funding applications.

The Carlisle sessions will be held at Downagate Community Centre, Corby, between 7pm - 9pm on the following days, session 1) Thursday 12 June, session 2) Tuesday 16 September, session 3) Tuesday 9 December and session 4) Tuesday 17 March 2009.

For further information contact your Voluntary Action Cumbria development officer for Carlisle **Hellen Aitken** on tel **01768 869520**

## Parish Charters – two sides of the bargain

The Parish Charter for Carlisle is a year old this summer. The City Council and Cumbria County Council have taken steps to fulfil their charter commitments

But what of the parishes? Cumbria Association of Local Councils (CALC) and Carlisle Parish Councils Association (CPCA) have pulled out a handful of points, which they think each parish council should be able to address without placing extra burdens on hardworking clerks such as information technology, training and procedure.

The Quality Parish Scheme is still the only nationally recognised hoop for a parish council to jump through to show it is competent, engaged and forward thinking. The charter promises extra levels of credible consultation with the City Council and County Council for Quality Parishes. In return all parishes have agreed to consider applying for Quality Parish Status.

For further information contact **Gwen Dumbleton** tel **016977 43145** or E-mail **gwen.dumbleton@calc.org.uk**

## Cumbria Community Foundation Funding



New criteria for the Children and Young People Fund are now on place. The fund will distribute £144,000 each year during 2008 - 2011. The fund is aimed at delivering activities to disadvantaged children and young people whose needs are not being met by statutory provision, to develop the capacity of organisations to engage more effectively with the children, young people and families they support, provide activities to children and young people that contribute to the five Every Child Matters themes. To find out more about the criteria for the fund contact David Andrews on tel **01900 820828** or E-mail **david@cumbriafoundation.org**

The Community Foundation is hoping to manage a new small grant programme 'Grassroots Grants' from July 2008. The grants are for very small organisations (with an income of less than £20,000 per annum). The maximum grant award over three years will be £5,000 per annum. The criteria are very similar to the current Cumbria Communities Fund, therefore the Community Foundation are consulting as to whether the current £35,000 Cumbria Communities Fund grant budget should be re-directed for alternative purposes.

To find out more about the three proposed options for the Cumbria Communities Fund contact **David Andrews** on tel **01900 820828** or E-mail **david@cumbriafoundation.org**

## Community Sustainable Energy Programme



Community Sustainable Energy Programme (CSEP) is an open grant programme run by the Building Research Establishment (BRE) as an award partner of the Big Lottery Fund. BRE carries out research, consultancy, training and testing to help create better buildings and communities. The Community Sustainable Energy Programme will provide £8 million to community-based organisations for the installation of microgeneration technologies, such as solar panels or wind

turbines and energy efficiency measures including loft and cavity wall insulation. It will also provide £1 million for project development grants that will help community organisations establish a microgeneration and energy efficiency installation will work for them.

For further information please call the Changing Spaces helpline on **0845 3 671 671** or E-mail us at **info@communitysustainable.org.uk**

## New Face



Gwen Dumbleton has recently joined Cumbria Association of Local Councils

(CALC) as a parish liaison officer for the districts of Carlisle and Eden. Her duties include acting as secretary for Carlisle Parish Councils Association (CPCA) and a liaison role with officers from Cumbria County Council and Carlisle City

Council on matters of shared interest, between them and the parish councils including monitoring and promoting the implementation of the Carlisle Parish Charter.

**Gwen Dumbleton** can be contacted in the office between 9.00am and 1.00pm on Wednesdays and by can be reached on tel **016977 43145** or by E-mail **gwen.dumbleton@calc.org.uk**